Sexual Health

Supplementary Material

Prescribing pre-exposure prophylaxis for HIV prevention: a cross-sectional survey of general practitioners in Australia

Jason $Wu^{A,B,*}$, Christopher K. Fairley^{B,C}, Daniel Grace^D, Benjamin R. Bavinton^E, Doug Fraser^E, Curtis Chan^E, Eric P. F. Chow^{B,C,F}, and Jason J. Ong^{B,C,F,G}

^A Kings Park Medical Centre - Hillside, General Practice, Melbourne, Vic, Australia.

^B Melbourne Sexual Health Centre, Alfred Health, Melbourne, Vic, Australia.

^C School of Translational Medicine, Monash University, Melbourne, Vic, Australia.

^D University of Toronto, Dalla Lana School of Public Health, Toronto, ON, Canada.

^E Kirby Institute, The University of New South Wales, Kensington, NSW, Australia.

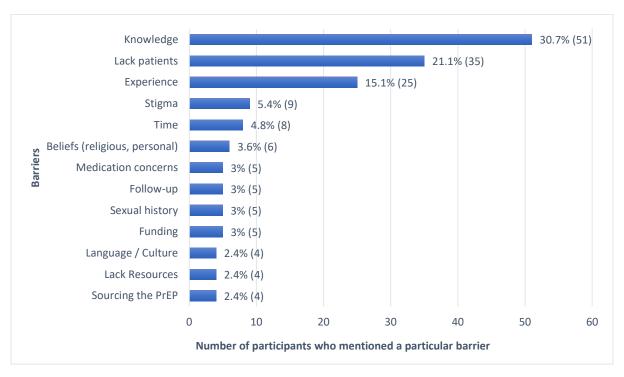
^F Melbourne School of Population and Global Health, The University of Melbourne, Melbourne, Vic, Australia.

^G Faculty of Infectious and Tropical Diseases, London School of Hygiene and Tropical Medicine, London, United Kingdom.

^{*}Correspondence to: Jason Wu Kings Park Medical Centre - Hillside, General Practice, Melbourne, Vic, Australia Email: jasun_quo@hotmail.com

SUPPLEMENTARY DATA

Supplementary Figure S1 – Other barriers to prescribing PrEP identified by General Practitioners.



Note - Participants can list more than one barrier.

Supplementary Table S1 - Level of 'moderately' to 'very affected' by barriers based on frequency of prescribing n/N (%)

Frequency of prescribing

	At least	At least	At least	At least	Less than
	weekly	monthly	every 3 months	yearly	once a year
Lack of knowledge PrEP	3/37 (8%)	8/36 (22%)	23/74 (31%)	17/53 (32%)	130/182 (71%)
Lack of time	5/37 (14%)	13/35 (37%)	29/74 (39%)	13/53 (25%)	103/182 (57%)
Unsure where to find resources	2/37 (5%)	7/36 (19%)	16/74 (22%)	12/53 (23%)	85/180 (47%)
Resources difficult to use	2/37 (5%)	8/36 (22%)	14/74 (19%)	4/53 (8%)	47/180 (26%)
Difficult identify clients for PrEP	6/37 (16%)	12/36 (33%)	31/73 (42%)	27/53 (51%)	108/182 (59%)
Not confident antiretrovirals	2/37 (5%)	5/36 (14%)	25/73 (34%)	18/53 (34%)	125/182 (69%)

Difficulty initiating a sexual history	2/37	7/36	23/74	15/53	62/182
	(5%)	(19%)	(31%)	(28%)	(34%)
Concern promoting PrEP increases STIs	2/37 (5%)	7/36 (19%)	4/74 (5%)	3/53 (6%)	16/182 (9%)
Concern with compliance	3/37	6/36	13/73	10/53	23/182
	(8%)	(17%)	(18%)	(19%)	(13%)
Discomfort with LGBTIQ+ clients	2/37 (5%)	6/36 (17%)	4/74 (5%)	4/53 (8%)	13/182 (7%)

PrEP = Pre-exposure prophylaxis; STI = Sexually transmitted infection

Supplementary File S1 – Full list of PrEP questions used in our survey

Knowledge

We would like to evaluate your knowledge of PrEP. Please answer the following 6 questions using a 5-point scale, where 1 is not at all, 2 is unlikely, 3 is likely, 4 is highly likely and 5 is certain.

How likely would you be to prescribe HIV PrEP to the following hypothetical patients?

1.	Sexually active males who have anal sex with males without condoms?				
	1 🗆	2 🗆	3 □	4 🗆	5 🗆
2.	Sexually active male	s who have and	al sex with male	es and report co	ondom use?
	1 🗆	2 🗆	3 □	4 🗆	5 🗆
3.	Sexually active hete	rosexual males	and females at	increased risk	of HIV
	transmission?				
	1 🗆	2 🗆	3 □	4 🗆	5 🗆
4.	Patients who perfor	m intra-venous	drug use?		
	1 🗆	2 🗆	3 □	4 🗆	5 🗆
5.	Serodiscordant coup	oles (i.e. one pa	rtner HIV posit	ive and the oth	er HIV negative)
	who wish to become pregnant?				
	1 🗆	2 🗆	3 □	4 🗆	5 🗆

6.	Austral	ian sex workei	^S			
		1 🗆	2 🗆	3 □	4 🗆	5 🗆
Pre-ex	(posure	prophylaxis is	an TGA approv	ved method for	HIV preventio	on that involves:
a) Tak	ing a pill	daily for 7 day	s before a HIV	exposure and t	hen ongoing fo	or at least 28 days.
b) Tak	ing a pill	daily before a	nd after a HIV	exposure for a	maximum of 3	months
c) Taki	ing a pill	daily after a H	IV exposure fo	30 days		
d) Tak	ing a pill	before and af	ter a HIV expos	ure, but only a	round the time	of the exposure
e) Not	sure					
		-		nong patients	who took PrEP	as prescribed, the
effica	cy of PrE	P in preventin	g HIV was:			
a) <10	%					
b) 10-3	39%					
c) 40-8	80%					
d) >80)%					
e) Not	sure					
Do yo	u think P	PrEP education	should be an	essential part o	of HIV preventi	on education at
GP vis	its?					
a) It's	not esse	ntial				
b) It's	sometim	nes essential				
c) Neu	ıtral					
d) It's	almost a	lways essentia	al			
e) It's	always e	ssential				

Attitudes

Here we would like to find out about your attitudes to prescribing.

How much do these barriers affect your ability to prescribe PrEP?

For each barrier the options are:

- -Very affected
- -Moderately affected
- -Neutral
- -Slightly affected
- -Not affected
 - Lack of knowledge about PrEP.
 - Lack of time to adequately counsel regarding PrEP.
 - Unsure where to look for resources on PrEP.
 - Resources on PrEP difficult to use / interpret.
 - Difficulty identifying which patients would require PrEP / relying on the patient to ask for PrEP.
 - Lack of experience or hesitation in prescribing anti-retrovirals.
 - Difficulty in finding an entry point to asking patients about their risk of HIV/sexual history.
 - Concern that promoting PrEP may increase risk of other STIs.
 - Concern that the patient may not take PrEP correctly / be non-compliant.
 - Discomfort with managing people who identify as LGBTIQ.

Please describe any other barriers to you prescribing PrEP (if you regularly prescribe PrEP, think of barriers for other doctors):

Practise

For this section we would like to determine your practise.

Have you prescribed PrEP before?
a) Yes
b) No
How often do you prescribe PrEP on average?a) At least once a week
b) At least once a month
c) At least once every 3 months
d) At least once a year
e) Less than once a year
When you last prescribed PrEP, how confident did you feel with prescribing?
a) Very confident
b) Somewhat confident
c) Neither confident or unconfident
d) Unconfident
e) Very unsure
f) Never prescribed PrEP before.
When was the last time you took a sexual history from a patient?
a) Less than a week ago
b) Less than a month ago
c) A few months ago
d) A few years ago

e) Never

On an average working week, what proportion of patient consults involved sexual health?
Please record as a percentage:
Has a patient asked you for PrEP before?
a) Yes
a) les
b) No
Would you feel comfortable placing a poster about PrEP in your waiting room?
a) Yes
u, .es
b) No
Are there any other comments you would like to make?