Sexual Health

# **Supplementary Material**

Young people's preferences and motivations for STI partner notification: observational findings from the 2024 Sex, Drugs and Rock 'n' Roll survey

Stephanie C. Munari<sup>A,B,\*</sup>, Jane L. Goller<sup>B</sup>, Jacqueline Coombe<sup>B</sup>, Ana Orozco<sup>A</sup>, Sarah Eddy<sup>A</sup>, Jane Hocking<sup>B</sup>, Margaret Hellard<sup>A,C,D,E</sup>, and Megan S. C. Lim<sup>A,B,D</sup>

<sup>&</sup>lt;sup>A</sup> Burnet Institute, Melbourne, Vic, Australia.

<sup>&</sup>lt;sup>B</sup> Melbourne School of Population and Global Health, The University of Melbourne, Melbourne, Vic, Australia.

<sup>&</sup>lt;sup>c</sup> Department of Infectious Diseases, Alfred Hospital, Melbourne, Vic, Australia.

<sup>&</sup>lt;sup>D</sup> Department of Epidemiology and Preventive Medicine, Monash University, Melbourne, Vic, Australia.

<sup>&</sup>lt;sup>E</sup> Doherty Institute and School of Population and Global Health, University of Melbourne, Melbourne, Vic, Australia.

<sup>\*</sup>Correspondence to: Stephanie C. Munari 85 Commercial Road, Melbourne, Vic 3004, Australia Email: stephanie.munari@burnet.edu.au

Note: this version of the survey is for review purposes only. Question numbering and formatting may differ from the online version of the questionnaire.

### **DEMOGRAPHICS**

Questions are not compulsory. If you don't wish to answer a question, please select 'I don't wish to say'. If any question makes you feel uncomfortable or upset, there are links to support services at the end of the survey.

1.	What is your month and year of birth?
1.	Drop down list with months (Jan-Dec)
	Orop down list with years (1994-2009)
2.	At birth, you were recorded as:
	o Male
	o Female
	<ul> <li>Another term, please specify</li> </ul>
	o I don't wish to say
3.	What is your current gender identity? (Please select all that apply)
	o Man
	o Woman
	<ul> <li>Non-binary/gender fluid</li> </ul>
	<ul> <li>My gender is not listed, please specify</li> </ul>
4.	What country were you born in?
	o Australia
	<ul> <li>Other, please specify</li> </ul>
	What year did you arrive in Australia? (Drop down with years 1993-2023)
	<ul> <li>What is your current residential status in Australia?</li> </ul>
	<ul> <li>Permanent resident/Australian citizen</li> </ul>
	<ul> <li>Temporary resident (e.g. 457 or bridging visa)</li> </ul>
	<ul> <li>Working holiday</li> </ul>
	<ul> <li>International student</li> </ul>
	<ul> <li>I don't wish to say</li> </ul>
5.	Are you of Aboriginal or Torres Strait Islander origin?
	○ No
	<ul> <li>Yes, Aboriginal</li> </ul>
	<ul> <li>Yes, Torres Strait Islander</li> </ul>
	<ul> <li>Yes, Aboriginal and Torres Strait Islander</li> </ul>
	<ul> <li>I don't wish to say</li> </ul>
6.	What is your current postcode?
	o
	<ul><li>Write 9999 if you don't wish to say</li></ul>
7.	(if 1=9999 or 99 or 999 or .99) What region do you live in?
	Greater Melbourne

o Barwon South West

- Gippsland
- Grampians
- o Hume
- Loddon Mallee
- I don't wish to say
- 8. How do you currently identify yourself? (Please select all that apply)
  - Heterosexual (straight)
  - Gay, homosexual, lesbian
  - o Bisexual
  - Pansexual
  - Asexual
  - Queer
  - Questioning
  - I don't know/unsure
  - o I don't label myself
  - My sexual identity is not listed, please specify
  - I don't wish to say [#Nonoftheabove]
- 9. Are you currently studying?
  - Yes
  - o No
  - I don't wish to say
- 10. [If yes to 8] At what level are you currently studying?
  - High school, year 10 or lower
  - o High school, year 11
  - High school, year 12
  - o TAFE, college or diploma
  - O University undergraduate course (e.g. Bachelor degree)
  - University postgraduate course (e.g. Masters, Doctorate)
  - I don't wish to say
- 11. [If no to 8] What is the highest level of education you have completed?
  - High school, year 10 or lower
  - o High school, year 11
  - o High school, year 12
  - o TAFE, college or diploma
  - University undergraduate course (e.g. Bachelor degree)
  - University postgraduate course (e.g. Masters, Doctorate)
  - I don't wish to say
- 12. Who do you live with currently? (Please tick all that apply)
  - Alone [#Nonoftheabove]
  - Parent(s)
  - My partner
  - Friend(s)/housemate(s)
  - My child(ren)
  - Other family

	0	I don't wish to say [#Nonoftheabove]				
13.	During a normal	week, how much money do you have to	spend on y	ourself for recreat	ional purposes	;?
	0	Less than \$40				
	0	\$40–\$79				
	0	\$80-\$119				
	0	\$120-\$199				
	0	\$200–\$299				
	0	\$300 or over				
	0	I don't wish to say				
14.	Are you an activ	e member of any religious group (like a	church, temp	ole, mosque, or ot	her groups)?	
	0	Yes	•	•		
	0	No				
	0	I don't wish to say				
15.	In the last 12 mo	onths have you visited a health service (6	e.g. general o	doctor's clinic, sex	ual health clini	c) for your
	C	Yes				
	C	No				
	C	I don't wish to say				
	SEXUAL HEALTH	1				
	The following se	ection will ask you about your sexual he	alth and kno	owledge of STIs		
	16. When o	lid you last have a test for sexually trans	mitted infec	tions (STIs)?		
	0	I have never had one		(0.1.2).		
	0	0–3 months ago				
	0	4–6 months ago				
	0	7–12 months ago				
	0	1–2 years ago				
	0	More than 2 years ago				
	0	I don't wish to say				
		,				
		uestions are to test your knowledge of S	TIs, sexual he	ealth and other re	ated topics. Pl	ease select
	one response fo	r each item.				
			TRUE	FALSE	I DON'T	I DON'T
			11102	171232	KNOW	WISH TO
					KIVOVV	SAY
						5/1
	Chlamydia can be c	liagnosed by a urine test				
	•					
- 1						

pregnant)

Using contraception like the pill, IUD, or implant when you are young reduces your future fertility (chance of getting

Gonorrhoea, syphilis, and chlamydia can all be easily treated with antibiotics		
If left untreated chlamydia infection can last for years		
People with STIs almost always have some symptoms		
Chlamydia can make women infertile (unable to become pregnant)		
A healthy vagina should not have any bacteria in it		
A healthy vagina would produce some discharge [i.e. fluids that's not blood]		

The following section will ask you about partner notification for STIs.

**Partner notification** is when a person who has recently been diagnosed with an STI (like chlamydia, gonorrhoea, syphilis and human immunodeficiency virus (HIV)) lets the people they have had oral, vaginal or anal intercourse with (generally in the past 6-12 months) know that they are at risk of having an STI. It is generally recommended that the partner/s seek testing and treatment, and there are lots of different ways to tell them.

The following are hypothetical questions about notifying someone you've had sex with **if** <u>you</u> had an STI.

Consider how you might feel or act in this situation, even if it's not something that has happened to you before.

- 18. If you had an STI, would you notify your current or past sex partner/s that you have an STI and recommend they get tested?
- a) Yes
- b) No
- c) It depends
- d) I don't wish to say
  - 19. [If selected Yes, No or It depends to Qn 22] Can you tell us why you selected the above response?
- Free text response
  - 20. If you had an STI, <u>how</u> would you prefer to notify a regular sex partner of your STI result and recommend they get tested? Select all that apply

By 'regular sex partner' we mean boyfriend/girlfriend/in a relationship.

21. If you had an STI, <u>how</u> would you prefer to notify a casual sex partner of your STI result and recommend they get tested? Select all that apply

By 'casual sex partner' we mean any other partners like f\*\*k buddy, one night stand, friends with benefits, just seeing someone.

(Response options for questions 20 and 21)

	Regular sex partner	Casual sex partner
Face-to-face		
Phone call		
Text message (including WhatsApp)		
E-mail		
Letter (post or letterbox drop)		
Social media e.g., Instagram		
Dating app (message/ call) e.g. Bumble		
Partner notification website that included your name e.g. bettertoknow.org.au		
Anonymous text/email via a partner notification website e.g. letthemknow.org.au		
Anonymously through a friend or other third person		
Anonymously with support from a health professional (e.g. GP or		
health department official) to contact sexual partner/s		
Using an anonymous social media account or dating app profile		
Another way, please specify below		
I don't wish to say		

[If selected 'Another way, please specify below']

- 22. How else would you prefer to notify a regular or casual sex partner of your STI result and recommend they get tested?
- Free text response
- 23. Can you tell us more about why you selected the above options?
  - Free text response

The following hypothetical questions ask about being notified by someone you have had sex with that **they** have an STI and that you should be tested.

- 24. If you had sex with someone with an STI, would you want them to let you know they have an STI and that you should get tested?
- a) Yes

- b) No
- c) It depends
- d) I don't wish to say
- 25. Can you tell us why you feel this way?
  - Free text response
- 26. If you had sex with someone with an STI, <u>how</u> would you prefer to be notified by a regular sex partner that they have an STI and that you should get tested? Select all that apply

By 'regular sex partner' we mean boyfriend/girlfriend/in a relationship.

27. If you had sex with someone with an STI, <u>how would you prefer to be notified by a casual sex partner</u> that they have an STI and that you should get tested? Select all that apply

By 'casual sex partner' we mean any other partners like f\*\*k buddy, one night stand, friends with benefits, just seeing someone.

(Response options for questions 26 and 27)

	Regular sex partner	Casual sex
Face-to-face	<u>'</u>	
Phone call		
Text message (including WhatsApp)		
E-mail		
Letter (post or letterbox drop)		
Social media e.g. Instagram		
Dating app e.g. Bumble		
Partner notification website that included their name e.g. bettertoknow.org.au		
Anonymous text/email via a partner notification website e.g. letthemknow.org.au		
Anonymously through their friend or other third person		
Anonymously through a health professional (e.g. GP or health department official)		
Through an anonymous social media account or dating app profile		
Another way, please specify below		
I don't wish to say		

[If selected 'Another way, please specify below']

- 28. How else would you prefer to be notified by a past sex partner that they have an STI and that you should get tested?
  - Free text response

- 29. Can you tell us more about why you selected the above options?
- Free text response

#### **PORNOGRAPHY**

The following section contains questions about pornography. In these questions, 'pornography' refers to visual material (e.g. images, photographs or videos) accessed online which is sexually explicit and designed to cause sexual excitement.

- 30. How old were you when you first saw pornography accidentally?
  - o I have never seen pornography accidentally
  - o <10
  - o Options 10-29 years
  - o I don't know
  - I don't wish to say
- 31. How old were you when you first viewed pornography <u>intentionally</u>? This means you didn't stumble across it accidentally.
  - o I have never viewed pornography intentionally
  - o <10
  - o Options 10-29 years
  - o I don't know
  - I don't wish to say
- 32. [if ever viewed intentionally from question 26] In the last 12 months, how often did you view pornography? (Please select one option)
  - o Never
  - Less than monthly
  - o Monthly
  - Weekly
  - Daily/almost daily
  - o I don't wish to say

## **SEXUAL BEHAVIOURS**

The following section contains questions about some **wanted/consensual** sexual behaviours you may or may not have engaged in.

- 33. Please indicate how old you were when you first experienced the following **wanted/consensual** sexual behaviours (drop down list with 'I have never done this, ages from less than 14 to 29, I don't know and I don't wish to say)
  - Touching a partner's genitals with your hands or being touched on your genitals by a partners hand
  - Giving or receiving oral sex
  - Vaginal intercourse (penetration of vagina by penis)
  - Anal intercourse (penetration of anus by penis)
- 34. How many people have you done this **wanted/consensual** sexual behaviour with in your lifetime? (appears if they selected an age for having ever done each behaviour in question 27, drop down list with options 1, 2-3, 4-5, 6-10, 11-20, 21-50, 51+ and I don't wish to say)

- Touching a partner's genitals with your hands or being touched on your genitals by a partners hand
- Giving or receiving oral sex
- Vaginal intercourse (penetration of vagina by penis)
- Anal intercourse (penetration of anus by penis)
- 35. How many people have you done this **wanted/consensual** sexual behaviour with in the past 12 months? (appears if they selected an age for having ever done each behaviour in question 27, drop down list with options 1 partner, 2-3, 4-5, 6-10, 11-20, 21+ and I don't wish to say)
  - Touching a partner's genitals with your hands
  - Giving or receiving oral sex
  - Vaginal intercourse (penetration of vagina by penis)
  - Anal intercourse (penetration of anus with penis)
- 36. Which genders have you done this **wanted/consensual** sexual behaviour with in the past 12 months? (appears if they have done the behaviour with at least one partner in the past 12 months from question 29, multiple options from man, woman, trans man, trans woman, non-binary/gender fluid, their gender is not listed (please specify) and I don't wish to say)
  - Touching a partner's genitals with your hands or being touched on your genitals by a partners hand
  - Giving or receiving oral sex
  - Vaginal intercourse (penetration of vagina by penis)
  - Anal intercourse (penetration of anus by a penis)

Note. The next questions are asking specifically about wanted/consensual penetrative sex (penis in vagina or anus). We recognise that this isn't the only form of penetration.

37. [If they have had vaginal or anal intercourse with at least one person in the last 12 months from question 29] In the last 12 months, how often did you use a condom with REGULAR sex partner/s during penetrative sex?

By 'regular sex partner' we mean boyfriend/girlfriend/in a relationship.

- o N/A: no penetrative sex with regular partner/s in last 12 months
- Always used a condom
- Usually (>50%)
- o Sometimes (≤50%)
- Never used a condom with regular partner/s
- I don't wish to say
- 38. [If they have had vaginal or anal intercourse with at least one person in the last 12 months from question 29] In the <u>last 12 months</u> how often did you use a condom with CASUAL sex partner/s during penetrative sex?

By 'casual sex partner' we mean any other partners like f\*\*k buddy, one night stand, friends with benefits, just seeing someone.

- o N/A: no penetrative sex with casual partner/s in last 12 months
- o Always used a condom
- Usually (>50%)
- Sometimes (≤50%)

- Never used a condom with casual partner/s
- o I don't wish to say
- 39. [If they have had vaginal or anal intercourse with at least one person in the last 12 months from question 29] In the last 3 months how often did you use a condom with NEW sex partner/s during penetrative sex?

A 'new sex partner' refers to a person who you first had penetrative sex with in the last 3 months.

- o N/A: no penetrative sex with new sex partner/s in last 3 months
- Always used a condom
- Usually (>50%)
- Sometimes (≤50%)
- Never used a condom with new partner/s
- I don't wish to say
- 40. [Appears if they reported an age at first vaginal intercourse from question 27] The <u>last time</u> you had <u>vaginal</u> intercourse (penis in vagina), which form(s) of contraception did you or your partner use? (Please select all that apply)

Note. This question is asking specifically about the **last time you had wanted/consensual vaginal intercourse** (penetration by a penis in a vagina). We recognise that this isn't the only form of penetration.

- o N/A one of us was pregnant or trying to become pregnant
- o N/A infertile
- o Condom
- Oral contraception (the pill)
- Injection (e.g. Depo Provera)
- Implant (Implanon)
- Intrauterine device (IUD e.g. Mirena)
- o Diaphragm
- Rhythm method/ fertility awareness
- Hormonal ring
- Emergency/morning after pill
- Withdrawal/pulling out
- Vasectomy/tubal ligation/getting your tubes tied
- Other, please specify\_\_\_\_\_
- o None of these
- o I don't know
- I don't wish to say
- 41. If you've had a sex partner/s in the past 12 months, how did you first meet them? (Select all that apply) [Only ask those who have responded 1+ in Q23, How many people have you done this wanted/consensual sexual behaviour with in the past 12 months?)
  - o In person (e.g. through friends, work, at an event)
  - Through an online dating app
  - o Other, please specify below
  - o I haven't had a sex partner in the past 12 months
  - o I don't wish to say

- o [If yes to 10: 'Through an online dating app']
- 42. If you've used a dating app in the past 12 months to meet a sex partner, which apps did you use? (Select all that apply)
  - o Tinder
  - o Bumble
  - o Grindr
  - Hinge
  - Happen
  - eHarmony
  - Scruff
  - Other, please specify
  - I don't wish to say
  - o [If selected 'Other, please specify' in Qn 11]
- 43. Which other dating apps have you used to meet a sex partner in the past 12 months?
  - o Free text

#### **VAGINAL HEALTH**

The next section is about vaginal health. We are asking everyone these questions, whether or not you have a vagina, because we want to hear everyone's point of view. If you feel uncomfortable answering these questions, there's also the 'I don't wish to say' option.

- 44. What do you consider the most important aspects for vaginal health? (Choose top 5 Rank from most (1) to least important (5))
  - Odour/smell
  - Discharge
  - Dryness
  - Size
  - Comfort/Discomfort
  - Hair
  - Shape
  - Bacterial balance
  - Cleanliness
  - Fertility
  - My sexual pleasure
  - Partner's sexual pleasure
  - Menstruation (amount of bleeding)
  - Menstruation (pain)
  - · Other specify
  - I don't wish to say
- 45. How much do you care about vaginal health?
  - Care a lot
  - Care Somewhat
  - Care A little
  - Don't care at all

I don't wish to say

#### **ALCOHOL AND OTHER DRUGS**

The following section relates to alcohol and other drug use.

When we talk about a serve of alcohol, we are referring to a standard drink, which equates to 10g of alcohol.



These are only an approximate number of standard drinks.

Always read the container for the exact number of standard drinks.

- 46. How old were you when you had your first <u>full serve</u> of alcohol? For example, a full serve refers to consuming a full drink on your own, as opposed to just having a taste of someone else's drink.
  - o Never
  - o <10
  - o Options 10-29
  - I don't wish to say
- 47. [If they select an age for first full serve of alcohol in question 35] In the last 12 months, how often did you have a drink containing alcohol?
  - O Never-[ skip following qs 37-39]
  - o Monthly or less
  - 2 to 4 times a month
  - o 2 to 3 times a week
  - o 4 or more times a week
  - I don't wish to say
- 48. In the last 12 months how many drinks containing alcohol did you have on a typical day when you were drinking?
  - o 1 or 2
  - o 3 or 4
  - o 5 or 6
  - o 7,8 or 9
  - o 10 or more
  - I don't wish to say
- 49. In the last 12 months how often did you have six or more drinks on one occasion?

- o Never
- o Less than monthly
- Monthly
- Weekly
- Daily or almost daily
- o I don't wish to say
- 50. How often, if at all, do you currently use electronic cigarettes (i.e., vapes)?
  - a. Daily
  - b. At least weekly (but not daily)
  - c. At least monthly (but not weekly)
  - d. Less than monthly
  - e. I used to use them but no longer use
  - f. I only tried them once or twice
  - g. Never used
- 51. How often do you smoke cigarettes or other tobacco (including tobacco when combined with marijuana or other drugs)?
  - o Never smoked
  - o Tried smoking (but I haven't smoked more than 100 cigarettes or equivalent in my lifetime)
  - Ex-smoker (I don't smoke now, but I have smoked at least 100 cigarettes or equivalent in my lifetime)
  - Less than weekly
  - o Weekly
  - Daily
  - I don't wish to say
- 52. Do you intend to use an e-cigarette/vape in the next 6 months? :
  - Definitely not
  - Probably not
  - Probably yes
  - Definitely yes
  - I don't wish to say
- 53. How would you access e-cigarettes/vape products?\_Probably not, Probably yes, Definitely yes [OPEN TEXT]

54. E-cigarettes/vapes are...... (sliding scale from 0-100)

Harmful to health ......not harmful to health

Popular ......Not popular

Easy to get . . . . . Not easy to get

50 . A new law has just come into effect in Australia that bans disposable vapes and means you will need a doctor's prescription to get vapes. How do you think this will affect young people? [OPEN TEXT]

- 55. How often do you see advertisements for vape products?
  - Daily
  - At least weekly (but not daily)

- At least monthly (but not weekly)
- Less than monthly
- I have only seen them once or twice
- Never seen any
- I don't wish to say
- 56. Where do you usually see these ads? (ONLY SHOW IF ANSWERED Daily, At least weekly (but not daily, at least monthly (but not weekly), less than monthly, I have only seen them once or twice AT Q51) [OPEN TEXT]

57. Have you <u>ever</u> used any of the following drugs recreationally (for fun, intoxication, relaxing) or not as prescribed? (Please select all that apply)

- o I have never used recreationally or not as prescribed drugs
- LSD/mushrooms/DMT/other hallucinogens
- Cocaine
- Poppers or amyl (like jungle juice)
- Nangs
- o Ecstasy/MDMA/MDA
- o GHB (like Juice, G)
- o Heroin
- o Marijuana/cannabis/pot
- o Ice/crystal methamphetamine
- Speed powder
- Synthetic drugs (like mephedrone, 2C-B, NBOME)
- Synthetic cannabinoids (such as Kronic)
- Ketamine
- Sex/performance-enhancing drugs (like Viagra or Cialis)
- Non-prescribed benzodiazepines/ alprazolam (like Valium, Xanax, Kalma)
- Non-prescribed pharmaceutical stimulants (like dexies, Ritalin, Modafinil)
- Non-prescribed pharmaceutical opioids (like oxycodone,morphine,codeine)
- Non-prescribed pharmaceutical dextromethorphan (like cough syrup, DXM "robotripping")
- Other, please specify
- I don't wish to say

58. [skip if never or I don't wish to say to 42] Which of the following drugs have you used recreationally (for fun, intoxication, relaxing) or not as prescribed in the <u>last month</u>? (Please select all that apply)

- None in the past month
- LSD/mushrooms/DMT/other hallucinogens
- Cocaine
- Poppers or amyl (like jungle juice)
- Nangs
- Ecstasy/MDMA/MD
- GHB (like Juice, G)
- o Heroin
- Marijuana/cannabis/pot
- Ice/crystal methamphetamine
- Speed powder
- Synthetic drugs (like mephedrone, 2C-B, NBOME)

- Synthetic cannabinoids (such as Kronic)
- o Ketamine
- Sex/performance-enhancing drugs (like Viagra or Cialis)
- o Non-prescribed benzodiazepines/ alprazolam (like Valium, Xanax, Kalma)
- o Non-prescribed pharmaceutical stimulants (like dexies, Ritalin, Modafinil)
- Non-prescribed pharmaceutical opioids (like oxycodone, morphine, codeine)
- o Non-prescribed pharmaceutical dextromethorphan (like cough syrup, DXM, "robotripping")
- Other, please specify \_\_\_\_\_\_
- I don't wish to say

### **MENTAL HEALTH**

This section asks questions about your mental health and how you have been feeling.

- 59. Do you have a mental health condition (e.g. anxiety, depression, schizophrenia)?
  - a. No
  - b. Yes, and I have been diagnosed by a health professional
  - c. Yes, I think I have but I have not been diagnosed by a health professional
  - d. I don't wish to say
- 60. Below are some statements about feelings and thoughts. Please tick the box that best describes your experience of each over the last **2 weeks**

**Note:** this survey is not intended as a diagnostic tool.

	None of the time	Rarely	Some of the time	Often	All of the time	I don't wish to say
I've been feeling optimistic about the future						
I've been feeling useful						
i've been feeling relaxed						
I've been dealing with problems well						
I've been thinking clearly						
I've been feeling close to other people						
l've been able to make up my own mind						

## **NEARLY FINISHED...**

61. What's your favourite self-care activity? [OPEN TEXT]

You have almost reached the end of this survey. Thank you for your time and responses!

## **SUBMIT**

(Once participants submit they are automatically directed to another REDCap project)

- 1. Would you like to enter the draw to win a \$250 gift card?
  - o Yes
  - o No
- 2. Would you like to be sent a summary of the results from this survey? (Approximately five months after the survey has closed).
  - Yes
  - o No
- 3. Do you consent to being contacted to receive information about future studies conducted by the Burnet Institute that you could participate in?
  - Yes
  - o No
- 4. [*If yes to 52, 53 or 54*] Please enter your email address below (As a reminder, your email will not be stored with your survey responses).

### YOU HAVE COMPLETED THE SURVEY, THANK YOU!

If you would like to know about other research currently happening at Burnet, you can find more information on our social media platforms and website:

- Website: https://www.burnet.edu.au/
- Instagram: <a href="https://www.instagram.com/burnetinstitute/">https://www.instagram.com/burnetinstitute/</a>
- Twitter: <a href="https://twitter.com/burnetinstitute">https://twitter.com/burnetinstitute</a>
- Facebook: https://www.facebook.com/burnetinstitute

For useful information on some of the areas covered in this survey, please see the below organisation websites:

#### Mental health

- o <a href="http://www.beyondblue.org.au/">http://www.beyondblue.org.au/</a>
- http://www.blackdoginstitute.org.au/

## Alcohol and other drugs

- o https://www.betterhealth.vic.gov.au/health/healthyliving/alcohol
- o https://adf.org.au/
- o <a href="http://www.turningpoint.org.au/">http://www.turningpoint.org.au/</a>

### Sexuality, sexual and reproductive health and sexual diversity

- o <a href="http://www.redaware.org.au/">http://www.redaware.org.au/</a>
- o <a href="https://thorneharbour.org/">https://thorneharbour.org/</a>
- o <a href="http://www.fpv.org.au/">http://www.fpv.org.au/</a>
- o https://minus18.org.au/

## Pornography

Thegist.org.au

### Vaping

quit.org.au/

### **Vaginal Health**

thewomens.org.au/health-information/vulva-vagina/

If you would like to talk with anyone about any concerns or distress that has arisen as a result of completing this survey, please see below:

- o <a href="https://www.lifeline.org.au/">https://www.lifeline.org.au/</a> 13 11 14
- o <a href="http://www.directline.org.au/">http://www.directline.org.au/</a> 1800 888 236
- o http://www.headspace.org.au/

If you would like more information about the study please email Ana Orozco on <a href="mailto:ana.orozco@burnet.edu.au">ana.orozco@burnet.edu.au</a> or visit <a href="mailto:https://www.burnet.edu.au/projects/17">https://www.burnet.edu.au/projects/17</a> big day out studies sex drugs and rock n roll

	ANSWER
Chlamydia can be diagnosed by a urine test	<b>True</b> - In the past Chlamydia required a vaginal (endocervical) swab in women or a penile (urethral) swab in men to be diagnosed. These days it can be easily diagnosed by a simple urine test, which is a much easier and more comfortable alternative.
2. Using contraception like the pill, IUD, or implant when you are young reduces your future fertility (chance of getting pregnant)	<b>False</b> – Most evidence suggests the pill and other hormonal forms of contraception do <i>not</i> have a long-term impact on fertility.
3. Gonorrhoea, syphilis and chlamydia can all be easily treated with antibiotics	<b>True</b> - If you are diagnosed with one of these infections, it can be easily treated just by taking a few tablets. However, you will still need to be careful when having sex because antibiotics won't protect you from becoming infected again.
4. If left untreated chlamydia infection can last for years	<b>True</b> – Chlamydia is easily treatable with antibiotics, but does not clear up on its own if left untreated.
5. People infected with STIs almost always have some symptoms	False – Some people infected with STIs will have symptoms such as discharge, pain or ulcers. However, often people infected with STIs will have no signs or symptoms and will not be able to tell they have the infection unless they get a test.
6. Chlamydia can make women infertile (unable to become pregnant)	<b>True</b> - Untreated Chlamydia can lead to pelvic inflammatory disease which is a very common cause of infertility in women, making them unable to get pregnant. Chlamydia can also cause infertility in men but this is very rare. Therefore it is very important that you get tested for Chlamydia if there is any risk that you may be infected because there is a simple treatment that can clear the infection.
A healthy vagina should not have any bacteria in it	<b>False</b> - A healthy vagina has many types of bacteria present. The vagina has billions of bacteria and other microorganisms; some good, some bad, and some 'neutral'.
A healthy vagina would produce some discharge [i.e. fluids that's not blood]	<b>True</b> - Vaginal discharge is normal, but changes in the amount, consistency, colour or smell could indicate an infection or other problem.

Thanks for taking part in the Sex, Drugs and Rock 'n' Roll survey!