Sexual Health

Supplementary Material

Do pre-exposure prophylaxis (PrEP) users engaging in chemsex experience their participation as problematic and how can they best be supported? Findings from an online survey in Belgium

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Supplementary Material File S1. Survey questions related to drug use and chemsex use

Baseline questionnaire

•	In the	e last 3 months, how much of the sex you've had has been under the influence of		
	stimul	stimulant drugs?		
	0	None of it		
	0	Almost none of it		
	0	Less than half		
	0	About half		
	0	More than half		
	0	Almost all of it		
	0	All of it		
•	For ho	how long have you been combining stimulant drugs and sex?		
	0	Less than 6 months		
	0	Less than 1 year		
	0	Less than 2 years		
	0	Less than 3 years		
	0	Less than 4 years		
	0	Less than 5 years		

	0	More than 5 years	
•	Would	I you be willing to reduce the risks that accompany chemsex? Chemsex involves	
using drugs to enhance sex, often by increasing desire and reducing inhibition			
	main drugs used for chemsex are GHB, mephedrone and crystal meth.		
	0	Certainly, yes	
	0	Rather yes	
	0	Rather not	
	0	Certainly not	
•	What	would help you to reduce your risks that accompany chemsex? (Tick all that apply)	
	0	Face-to-face counselling with health professional	
	0	Group counselling	
	0	Peer support	
	0	Online training	
	0	Online support via an app	
	0	Other (Please specify)	

Second follow-up questionnaire

• How often were you under the influence of stimulant drugs during sex (=chemsex) in the past 6 months?

0	Never
0	Almost never
0	Less than half
0	About half of it
0	More than half
0	Almost always
0	Always
• How o	often does the use of chemsex negatively affects your health, your social life or your
profes	sional life?
0	Never
0	More not than yes
0	Sometimes yes, sometimes no
0	More yes than not
0	Every time
• How c	concerned are you that chemsex could have more negative consequences for you in
the fut	ture?
0	Not concerned at all
0	Not concerned

0	Neutral			
0	Concerned			
0	Very concerned			
• To what extent would you like to have less or stop chemsex?				
0	Extremely unlikely			
0	Unlikely			
0	Neutral			
0	Likely			
0	Extremely likely			
• Would you like to see more attention given to chemsex during a PrEP consultation?				
Chem	sex is sex under the influence of stimulant drugs			
0	Yes			
0	No			